



Title of the Event/Activity – Discuss Throw (Academic Year 2023-24)	
Organizing Body - Storm Breaker	
Organizer's Head – Saurav Maji	
Collaborating Agency (if any); - Not Applicable	
Resource Person/ Speaker – Dr Gopal Chandra Das	
Date From (DD/MM/YYYY) – 01.03.2024 To (DD/MM/YYYY) -	Duration: -
Venue – College Sports Meet	Mode – offline
Activity Category: - Extra Curricular	
Type of Activity - Sports Competition	
Target Participants - Students	
Total Number of Participants - 87	
Objective: • To provide students with a platform to showcase throwing technique and athletic ability. • To foster interest in athletics and encourage regular participation in physical activities. • To develop concentration, body control, and confidence in a competitive environment.	
Outcome: • The participants gained practical exposure to competitive throwing and improved their understanding of athletic performance. • The event encouraged teamwork, discipline, self-confidence, and adherence to sporting rules. • Students were motivated to take greater interest in college-level athletic activities.	
Description of the Event / Activity - The Discuss Throw competition was conducted on 01.03.2024 as a part of the college Athletics Sports Meet and was organized by Storm Breaker. A total of 87 students participated in the event. The competition gave participants an opportunity to demonstrate their throwing technique, physical power, balance, and control in a formal sporting setting. Dr Gopal Chandra Das served as the resource person and provided guidance during the activity. The event was conducted offline with emphasis on proper participation, sporting discipline, fair competition, and enthusiastic involvement of students.	



BENGAL COLLEGE OF ENGINEERING AND TECHNOLOGY

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