



Title of the Event/Activity – High Jump Competition (Boys)	
Organizing Body – Storm Breakers	
Organizer's Head – Kamini Kanchan	
Collaborating Agency (if any); - Not Applicable	
Resource Person/ Speaker – Dr Gopal Chandra Das(Associate professor)	
Date –01.03.25	Duration: -2-2.5 hrs
Venue – Bengal College of Engineering and Technology, High Jump pit/Athletics ground	Mode – offline
Activity Category: - Extra Curricular	
Type of Activity - Sports Competition (Field Event – High Jump)	
Target Participants - Students (Boys)	
Total Number of Participants - 81	
Objective: The primary objectives of organizing the high jump competition were: 1. To motivate students to take part in organized sporting activities and maintain an active lifestyle. 2. To improve players' take-off technique, coordination, balance, and clearance over the bar. 3. To encourage players to demonstrate commitment, punctuality, discipline, and respect for the rules of the game. 4. To give students an opportunity to demonstrate their high jump abilities in a competitive institutional setting. 5. To create a positive sporting environment that encourages healthy competition and interaction among students.	
Outcome: The high jump competition achieved several meaningful outcomes: • Active Participation: The event encouraged students to engage in a structured sporting activity and contributed to greater interest in high jump. • Better Coordination: Individual competition gave participants practical experience in approach-run timing, take-off, and body coordination over the bar. • Competitive Learning: Players gained experience in handling competition while following game rules and maintaining a respectful attitude towards opponents. • Skill Exposure: The event provided a useful platform for observing individual jumping abilities and identifying students who showed promise in high jump. • Positive Campus Interaction: The event brought students and faculty together around a common sporting activity and promoted a healthy and energetic campus atmosphere.	



Description of the Event / Activity -.

A High Jump Competition for the Boys category was conducted by Storm Breakers at the Bengal College of Engineering and Technology high jump pit as part of the institution's extra-curricular sports activities. The event was planned to provide students with an opportunity to participate in competitive high jump while developing take-off technique, coordination, discipline, and sportsmanship. Participants took part with enthusiasm and maintained a competitive spirit throughout the activity. The competition also provided students with practical exposure to organized high jump and encouraged them to develop their sporting abilities.

- The participants competed in a competitive format under the supervision of officials.
- The competition emphasized proper technique, coordination, rule compliance, and fair competition.
- Faculty members and student volunteers supported the organization and smooth conduct of the activity.
- Students and faculty members witnessed the competition and encouraged the participating players.
- The event concluded with appreciation for the efforts and participation of the players.

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