



Date: 20.02.2024

NOTICE

All students of Bengal College of Engineering & Technology (BCET), Durgapur are hereby informed that Storm Breaker (Sports Club), BCET is organizing a Shot Put Competition on Friday, 1st March 2024 at the BCET Ground (Throwing Area) for the Academic Year 2023-24. Students interested in taking part are requested to register their names with the Coordinator, Storm Breaker, or their respective Class Representatives at the earliest.

The Shot Put is a field event in which participants throw a heavy metal ball, called the shot, as far as possible using a pushing motion from the shoulder, while standing inside a marked throwing circle. The distance is measured from the inner edge of the circle to the point where the shot first lands within the sector. The event is planned with the objective of testing upper-body strength, balance and throwing technique, and of promoting physical fitness, discipline and sportsmanship among students. Each participant will be given a fixed number of attempts, with the best valid throw counted, and a throw will be counted as a foul if the participant steps out of the circle. Faculty members will act as judges, and the top three throwers will be awarded.

Programme Details

Particulars	Details
Name of Event	Shot Put Competition
Organized by	Storm Breaker (Sports Club), BCET
Date	1st March 2024 (Friday)
Venue	BCET Ground (Throwing Area)
Duration	1 Day
Category	Athletics – Field Event (Throw)
Academic Year	2023-24
Participants	85 Students

All participants are requested to report at the venue on time in proper sports attire, follow the rules of the game and the instructions of the officials, and take part with full enthusiasm and sportsmanship.

For further information, interested students may contact the Coordinator, Storm Breaker.

[Coordinator Name]
Coordinator, Storm Breaker (Sports Club)
Bengal College of Engineering & Technology (BCET),
Durgapur-713212

Prof. (Dr.) P. K. Prasad
Principal
BCET

Cc to:

1. Honorable Chairman for kind information
2. Honorable Vice-chairman for kind information
3. Registrar office
4. All the notice board